

# Professional Development: Tips for the Sensory Professional

# Why Me?

- Have I been successful thus far, or is this to learn what not to do?
- What does successful mean?
  - # of jobs
  - Position or rank
  - # of direct reports
  - Fulfillment in where you are and where you've been... without too many regrets



# Advice/Things to Consider

- Everyone knows everyone
- You cannot do it all
- Before you say “no”, listen and think about it



# Everyone Knows Everyone

- Six-degrees of Kevin Bacon = Three-degrees of Sensory Scientists



# Why is this Important?

- Looking for a job?
    - Anyone can be a casual reference
  - Looking for a partner in business?
    - Your reputation can proceed you
- What you did/do matters!*



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# Who Knows You?



International Flavors & Fragrances Inc.

Anyone can learn about you from...

- Your classmates/professors
- Your peers
- Your bosses
- Your employees

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*What is your reputation?*

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# You Cannot Do It All

- You want to prove that you are capable
- You want to demonstrate how efficient you are
- You don't want your success dependent on others

*“A successful leader delegates”*



# Diversify & Delegate

- Know your strengths & weaknesses
- Surround yourself with those different from you
  - Different expertise
  - Different personalities
  - Different work styles





# Foster Teamwork



- Learn the styles of your colleagues/employees - how to motivate them
- Celebrate success
- **Thank them**
- Reward them (if possible)



# Before You Say “No” in the Workplace...Listen



- Industry has grand expectations of a sensory scientist
  - Not what **can't** you do, but what **can** you do?
  - What is the objective?
  - Are there pieces of the puzzle you can answer?

*You are representing the entire sensory community*

*You make a lasting impression*

# Before You Say “No” in your Career Path...Think About It

Seriously consider it

- New career opportunities
- New skill development
- Deviating from your career path
- A personal example

*Think not only of now, but the future*



# Things To Consider

(One more time)

- Everyone knows everyone
- Delegate & foster teamwork
- Before you say “no”, think about it



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